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Faithful Christians urged to join International Week of Prayer and Fasting

Catholics and other Christian peoples unite October 20 - 28 in a global movement of prayer and fasting for peace and to implore God's mercy

WASHINGTON D.C. - October 11, 2023. International Week of Prayer and Fasting co-founders and hosts, Ted and Maureen Flynn are calling Christians from around the world to join them for the 31st [International Week of Prayer and Fasting](https://www.iwopf.org) starting virtually on **October 20, 2023**. This year's theme is "Miracles of the Eucharist" which is tied to the ongoing Eucharistic Revival in the Catholic Church and arrives with urgency amid the recent attack in Israel and developing war in the Middle East.

"Every year we bring this world-wide movement of prayer and fasting to Catholics and other Christian peoples to inspire prayer and fasting for world peace, conversion of hearts and the building up of a culture of life," said Ted and Maureen Flynn, founders of the International Week of Prayer and Fasting annual event. "The horrific attack on Israel and unfolding violence this past weekend along with other international conflicts give us tremendous pause and urgency to draw all faithful people to an intensified week of prayer and fasting."

The global event will begin on October 20 with pre-recorded talks that can be accessed from anywhere in the world online at [www.IWOPF.org](https://www.iwopf.org). Special guests who will address the virtual gathering include: **Antonia Acutis, mother of Bl. Carlo Acutis; Fr. Chris Alar, MIC; Fr. Robert Altier; Fr. David Gunter, MIC; Dr. Peter Howard; Nikki Kingsley; Mark Houck; Karen Japzon; and Fr. Ron Stone.**

“Join us as we kick off on October 20 and be inspired by incredibly anointed leaders who will impart a renewed spirit of prayer and encourage fasting as a way to move mountains!” said Ted and Maureen Flynn. “Many feel powerless in the face of the many grave evils we are witnessing around the world, but God has put the power in our hands when we join together in prayer. He can do the impossible for His glory. Our Blessed Mother has said that prayer and fasting stop wars and calamities and Saint John Paul II himself said, ‘Jesus has shown us by His own example that prayer and fasting are the first and most effective weapons against the forces of evil.’”

The week of prayer and fasting culminates on Saturday, October 28, with a live day of prayer with speakers including **Fr. Timothy E. Byerley; Ray Grijalba; Dr. Carlos Parellada; and Sister Deirdre Byrne; and Ted Flynn**. There will be a Mass at noon, celebrated by **Bishop Emeritus Robert J. Baker, STD. This final event will be livestreamed.**

The Flynnns asserted, “Saint Mother Teresa of Calcutta once said, ‘What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.’ With that spirit, we hope hundreds of thousands of Christians will stop their busy schedules and join, even if for the first time, in an international prayer movement that takes place in the midst of Saint John Paul II’s feast day (October 22) which is so special to us because this great saint of our time gave the International Week of Prayer and Fasting two apostolic blessings.”

For this free event and more information and to register, or to purchase the All-Access Pass, visit www.IWOPF.org, or email info@iwopf.com, or call 888-478-PRAY. Talks by additional speakers will be available with the purchase of an All-Access Pass.

“Together we are an army of prayer that can change the course of history, world events, and appeal to the merciful heart of God,” said the Flynnns. “As Christians, we need to remember the prophets of old, and their victories, such as Esther, Jonah, and Gideon’s army to name a few. They are an example to us today to get down on our knees and pray and fast. We want this movement to draw people from every country virtually - and we encourage others to join us for the culminating event at the Basilica of the Immaculate Conception in Washington D.C. on Saturday, October 28. Even if you don’t live in the Beltway area, make a pilgrimage or join via livestream. If we come together to pray and fast, we will see miracles. We know through history that the Rosary is an efficacious weapon to defeat war, violence and the adversary. Remember Lepanto! For Christians, our true weapon is prayer!”

To schedule an interview with Ted and Maureen Flynn, please contact Alexis Walkentein, president and founder of AWE PR, at 561-445-5409 or walkensteina@gmail.com

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